

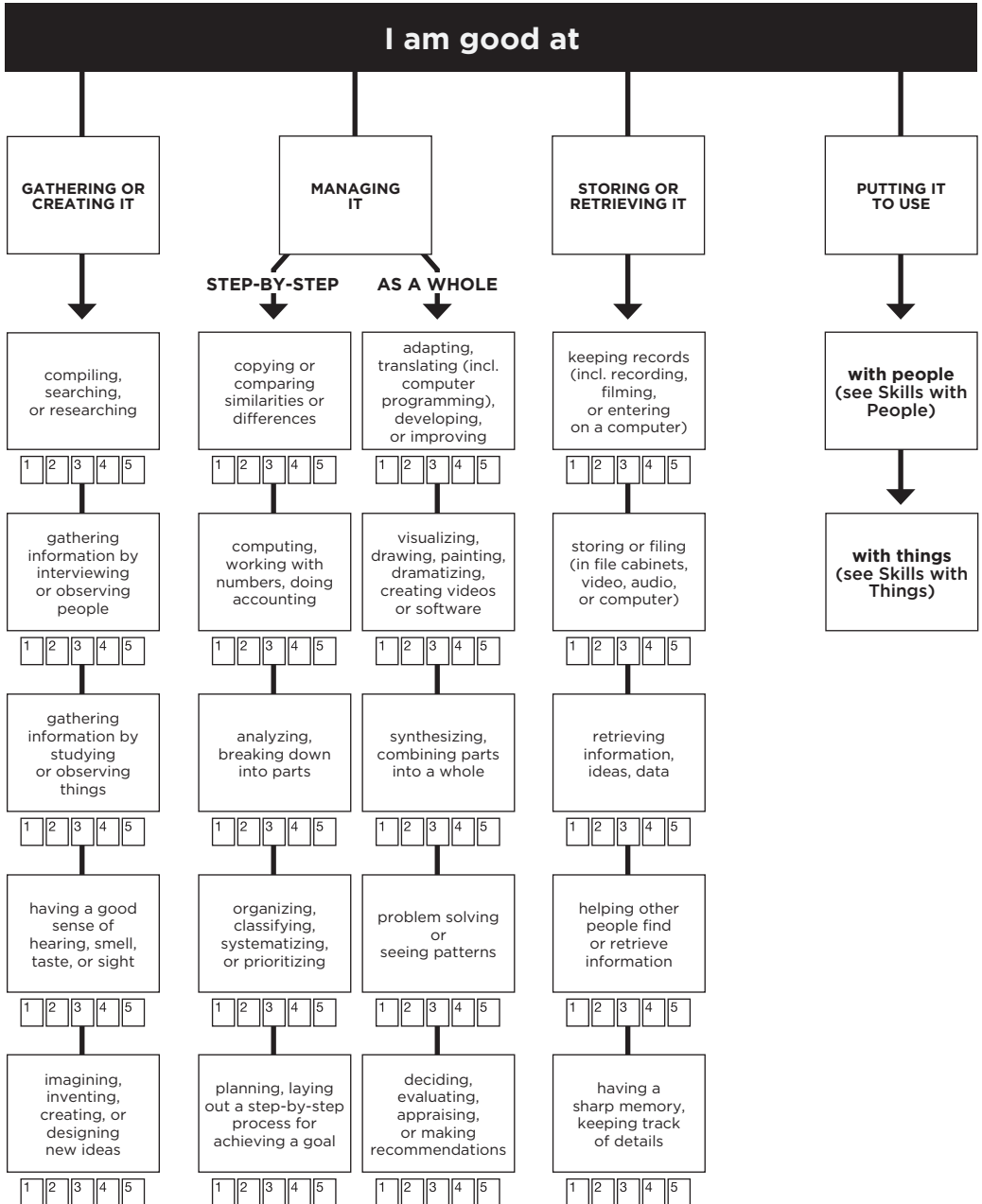
SKILLS WITH THINGS

I am good at

SKILLS WITH THE BODY	SKILLS WITH MATERIALS (CLAY, WOOD, CLOTH, METALS, STONE, JEWELS)	SKILLS WITH OBJECTS (INCLUDING FOOD, TOOLS, INSTRUMENTS)	SKILLS WITH EQUIPMENT, MACHINERY, OR VEHICLES	SKILLS WITH BUILDINGS OR ROOMS	SKILLS WITH ANIMALS OR GROWING THINGS
using my hands (including signing or massaging)	crafting, sewing, weaving, hammering, etc.	washing, cleaning, putting away, or preparing	setting up or assembling	constructing or reconstructing	having a green thumb (growing plants or flowers)
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
having great finger dexterity (such as with keyboards)	cutting, carving, or chiseling	handling, lifting, or stocking	operating, controlling, or driving	modeling or remodeling	having skills with animals (raising, training, treating, etc.)
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
using my eyes and hands in coordination	fashioning, modeling, shaping, or sculpting	making, producing, manufacturing, or cooking	maintaining, cleaning, or repairing		tending, minding, or feeding
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5		1 2 3 4 5
motor/physical coordination with my whole body	finishing, painting, refurbishing, or restoring	maintaining, preserving, or repairing	breaking down, disassembling, or salvaging		
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5		
having agility, speed, strength, or stamina	precision working with my hands	precision working with tools or instruments			
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5			

What tools, equipment, or machines do you know how to use (such as a scanner, iPod, etc.)?

SKILLS WITH INFORMATION



SKILLS WITH PEOPLE

I am good with

**INDIVIDUALS,
ONE AT A TIME**

**GROUPS,
ORGANIZATIONS,
OR THE MASSES**

taking instructions, serving, or helping

1 2 3 4 5

asking questions for clarification/ knowing others' expectations

1 2 3 4 5

communicating effectively to a group or a multitude

1 2 3 4 5

playing games or a particular game, leading others in recreation or exercise

1 2 3 4 5

managing, supervising, or running (a business, fund drive, etc.)

1 2 3 4 5

communicating well in conversation, in person, or on the phone

1 2 3 4 5

referring people, or helping two people link up

1 2 3 4 5

using words expressively in speaking or writing

1 2 3 4 5

teaching, training, or designing educational events

1 2 3 4 5

following through, getting things done, producing

1 2 3 4 5

communicating well in writing (reports, e-mail, etc.)

1 2 3 4 5

assessing, evaluating, screening, or selecting individuals

1 2 3 4 5

making presentations in person or on TV or film

1 2 3 4 5

guiding a group discussion, conveying warmth

1 2 3 4 5

leading, taking the lead, being a pioneer

1 2 3 4 5

teaching, tutoring, or training individuals

1 2 3 4 5

persuading, motivating, recruiting, or selling to individuals

1 2 3 4 5

performing, entertaining, amusing, or inspiring

1 2 3 4 5

persuading a group, debating, motivating, or selling

1 2 3 4 5

initiating, starting up, founding, or establishing

1 2 3 4 5

advising, coaching, counseling, mentoring, empowering

1 2 3 4 5

representing others, interpreting others' ideas or language

1 2 3 4 5

"signing," miming, acting, singing, or playing an instrument

1 2 3 4 5

consulting, giving advice to groups in my area of expertise

1 2 3 4 5

negotiating between two parties or resolving conflicts

1 2 3 4 5