

Typical Disease Patterns

*Wood* | *Fire* | *Earth* | *Metal* | *Water*

*Syndromes*

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Disturbances of peripheral nerves and circulation  
 Disturbances of equilibrium, coordination, locomotion  
 Migratory pain or swelling  
 Tension, cramps, and spasms of muscles, nerves, and organs  
 Disorders characterized by erratic and irregular function

Cardiovascular diseases  
 Disturbances of speech, thinking, emotional expression  
 Sleep disturbances  
 Collagen deterioration (lupus, rheumatoid arthritis, marfan)  
 Dysfunctions of integrative function (psychosis, schizophrenia)

Disturbances of digestion and absorption  
 Disorders of lymphatic circulation  
 Disorders of fluid distribution or viscosity (lymphatic circulation)  
 Diseases of the muscles  
 Disorders of blood and veins

Pulmonary and upper-respiratory disorders  
 Disorders of the skin and mucous membrane  
 Airborne allergies  
 Disorders of fluid circulation  
 Disorders of venous circulation

Disorders of growth and development including problems of fertility, conception, and pregnancy  
 Disorders of central nervous system (multiple sclerosis, muscular dystrophy, cerebral palsy)  
 Diseases of spinal column, bones, teeth, and joints  
 Disorders of fluid metabolism

*Complaints*

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Irritability  
 Pain under the ribs  
 Nausea  
 Bitter taste in mouth  
 Short temper  
 Pain in lower abdomen and groin  
 Irregular menses  
 Abnormalities of the fingers and toenails  
 Pain in the eyes and ears

Irregular rate and rhythm of heart  
 Pain in the chest  
 Sweating  
 Restlessness

Indigestion  
 Abdominal distension and flatulence  
 Poor appetite or overeating  
 Loose bowels  
 Anemia due to malnutrition or malabsorption  
 Hemorrhoids  
 Bruising

Shortness of breath  
 Coughing  
 Excess of phlegm  
 Vulnerability to colds and flus  
 Varicose veins  
 Slow healing of skin

Soreness and pain of lumbosacral region  
 Loose teeth  
 Deafness and tinnitus  
 Thinning or loss of head hair  
 Weakness and pain of ankles, knees, hips  
 Weakness of hearing and vision  
 Impotence, infertility, habitual miscarriage, genetic impairments