

Distortions of Five Powers

	WOOD	FIRE	EARTH	METAL	WATER
<i>Exaggerated Power</i>	Domination	Immolation	Obstruction	Restriction	Negation
<i>Collapsed Power</i>	Compression	Disintegration	Stagnation	Constriction	Petrification
Preoccupation	Work	Stimulation	Details	Rituals	Secrets
Compelled to	Win	Consume	Interfere	Control	Criticize
Dreads	Confinement	Gravity	Torpidity	Crowding	Invasion
Seeks the Perfect	Cause	Lover	Family	System	Teacher
Dislikes Conflicting	Purposes Choices Impulses	Needs Desires Attractions	Roles Loyalties Frames of Reference	Mores Standards Rewards	Visions Stories Expectations
Obsessed with	Solutions Change Independence	Pleasure Intimacy Seeking the Divine	Manipulation Pleasing Others Security	Perfection Order Differences	Mysteries Facing Death Facts
Aversion to	Powerlessness Bondage Dependency	Separation Boredom Pain	Change Dislocation Independence	Spontaneity Pollution Decrepitude	Exposure Distraction Dissolution
Somatic Poles	Tension—Relaxation Starting—Stopping Accelerated—Retarded	Containment—Dissipation Embodied—Disembodied Active—Reactive	Dense—Porous Active—Passive Filling—Emptying	Tight—Loose Closed—Open Thick—Thin	Hard—Soft Cold—Warm Retaining—Releasing
Tends to	Risk Stay Busy	Seek Excitement Make Contact	Seek Comfort Avoid Isolation	Follow Higher Order Make Judgments	Seek Solitude Avoid Exposure
Existential Doubt	What Is the Purpose?	How to Express Myself?	What Is My Role?	What Is Right?	Where Do I Come From?
Emotional Addiction	To Be Aroused	To Be in Love	To Be Needed	To Be Right	To Be Protected
Spiritual Fear	To Be Helpless	To Be Cut Off	To Be Lost	To Be Corrupt	To Be Extinct