

Thanks to Autistic hyperfocus, I've developed these skills:

Thanks to my special interests, I've learned a lot about these subjects:

If I wasn't Autistic, I never would have gotten to know these people who are important to me:

If I wasn't Autistic, I never would have had these experiences:

If I wasn't Autistic, I wouldn't have these awesome personality traits:

Being Autistic is hard, but it has made me resilient in these ways: