## weight record

week 1	Weight:	 Date:	
2	Weight:	 Date:	
3	Weight:	 Date:	
week 4	Weight:	 Date:	
week 5	Weight:	 Date:	
<b>6</b>	Weight:	 Date:	
WEEK 7	Weight:	 Date:	
8	Weight:	 Date:	
9 WEEK	Weight:	 Date:	
10 week	Weight:	 Date:	
WEEK 11	Weight:	 Date:	
<b>12</b>	Weight:	 Date:	