

3. Try the “Grocery List” exercise to help you practice categorizing a list.

## *Grocery List, Part 1*

*Here is a list of grocery items you need to buy.  
Read this list once and then turn to page 180.*

**mushrooms**

**club soda**

**butter**

**corn**

**baking soda**

**lemons**

**oatmeal**

**wild rice**

**flour**

**cola**

**avocado**

**orange juice**

**sour cream**

**yogurt**

**ginger ale**

**lettuce**

**salt**

**cottage cheese**

**mozzarella**

**lemonade**

## *Grocery List, Part 2*

*Now, write down as many items as you can  
from the grocery list on page 179.*

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

How many did you remember?

# Grocery List, Part 3

Here are the grocery items again. This time,  
group the items into the categories below.

mushrooms  
butter  
baking soda  
oatmeal  
flour  
avocado  
sour cream  
ginger ale  
salt  
mozzarella

club soda  
corn  
lemons  
wild rice  
cola  
orange juice  
yogurt  
lettuce  
cottage cheese  
lemonade

PRODUCE	DAIRY	BEVERAGES	OTHER
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

## Grocery List, Part 4

*Now let's see how many of those grocery items you  
can recall using categorization!*

PRODUCE

DAIRY

BEVERAGES

OTHER

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

How did you do? Chances are you remembered more of those items this time around. While working with this list did give you more opportunity to learn the shopping items, categorizing them helped you remember them better than if you had simply read the list several times.

4. Begin practicing your favorite list technique on lists that you commonly use, such as your grocery list, to-do list, or packing list.

5. Tomorrow, recall *in writing* the story “Singapore Limits Its Vehicle Population” from page 172 (without looking at the book, of course). Then check and see how well you remembered it.

6. This week, practice SINGing stories while reading your morning newspaper. When you reach the end of a story, take a moment to SING. By the end of the week you’ll see how much better you are able to remember what you are reading.