

yes no

Head

- 1 Does your home support everything you want to do?
- 2 Do you use your home often?
- 3 Is there room for everything you want to do at home?
- 4 Is there a good space for what is most important to you?

Heart

- 5 Do you consider your home beautiful?
- 6 Do you feel you have a sense of style?
- 7 Does your clothing express your style?
- 8 Does your home express your style?

Breath

- 9 Do you consider your home comfortable?
- 10 Do you sleep well at night?
- 11 Is your apartment organized?
- 12 Is it easy to clean and declutter?

Bones

- 13 Do you consider your home to be in good shape?
- 14 Is everything in good working order?
- 15 Do you take care of repairs quickly?
- 16 Do you clean your home often?

FINAL SCORE

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