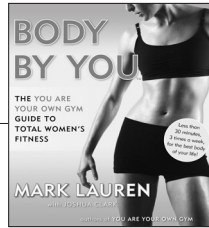


THIS IS ME BEFORE I STARTED *BODY BY YOU*



THIS IS ME AFTER TWO MONTHS OF *BODY BY YOU* WORKOUTS